

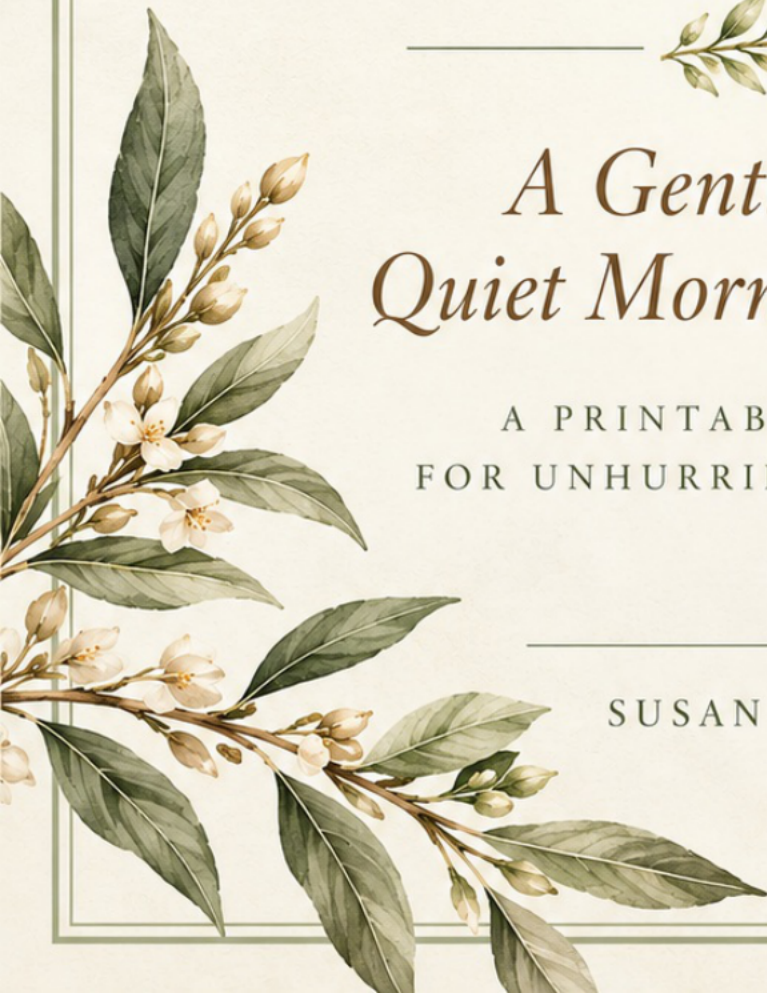


MAKING ROOM



*A Gentle Guide to
Quiet Mornings with God*

A PRINTABLE COMPANION
FOR UNHURRIED TIME WITH GOD.



SUSAN WHEELER SMITH

A LETTER FROM SUSAN

Make it your own.

Dear Friend,

I am, by nature, a night owl. I once believed nothing exciting ever happened in the morning. Then came two children, eleven months and one day apart, and an entirely different kind of nightlife.

Somewhere along the way, the early hours became mine. Not because I mastered a perfect routine, but because I needed a little quiet. Time for coffee, a journal, my Bible, and Jesus.

I have collected enough Bibles to supply the neighborhood (at least according to my husband). I love paper, pencils, and a good purple pen. But none of those things is the point.

The point is making room. Room to listen. Room to pray. Room to remember that God is present before the demands of the day arrive.

This little guide isn't a schedule to keep or another thing to get right. Take what helps. Skip what doesn't. Make it your own.

With love,

Susan

A RHYTHM, NOT A ROUTINE

Begin Where You Are

No perfect order. No perfect morning.

Some days you may open your Bible first. Other days you may begin with a prayer, a page of journaling, or a few quiet minutes holding your coffee.

This is an invitation, not an assignment.

Open

Ask God to meet you in the day you actually have.

Read

Choose a passage. Read slowly. Notice a word or phrase.

Respond

Pray, write, or simply sit with what you have read.

Remember

Carry one small truth with you into the day.

You do not have to do all four.

You only have to make a little room.

SCRIPTURE FOR THE MORNING

Five Places to Begin

Read these passages in your favorite Bible translation.

Lamentations 3:22-23

New mercies and God's faithfulness.

Psalm 51

Restoration.

Mark 1:35

Jesus seeking a quiet place to pray.

Psalm 46:10

Being still and remembering who God is.

Matthew 11:28-30

An invitation to rest in Christ.

A verse or phrase I want to carry today:

JOURNAL WITH ME

What Is On My Heart?

What am I bringing into this morning?

What is asking for my attention or prayer?

What might I place in God's hands today?

JOURNAL WITH ME

Noticing His Faithfulness

Where have I noticed God's care recently?

What prayer, large or small, has been answered?

What truth do I want to remember?

A LITTLE ROOM FOR GRATITUDE

Ordinary Gifts

One thing I am grateful for today:

A person I want to encourage:

A small moment I do not want to miss:

Something beautiful I noticed:

Thank You, Lord, for the gifts I might otherwise overlook.

UNTIL NEXT TIME

There Is Room for You

Even in a full, complicated, beautiful life.

Your quiet time may be five minutes or fifty. It may happen at sunrise, after the house settles, in the middle of an ordinary afternoon, or at the end of your day.

It doesn't need to look like mine. And it doesn't need to look the same tomorrow.

My hope is that these pages help you notice God's presence in your real life, right where you are.

If you'd like to read more about my morning rhythm, my love of journals and Bibles, and the everyday things I'm learning along the way, I'd love to have you visit.

SusanWheelerSmith.com

Faith & Encouragement • Strength & Wellness

Life & Home • Favorites

Make a little room. Grace will meet you there.

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